

Stephanie Spink, MA FCIPD

Competencies

Design and delivery of training in:-

- Management Development Consultant
- Individual coaching and mentoring at senior and executive levels
- Group coaching
- Design and delivery of training for coaching skills development
- Facilitation of Action Learning Sets helping senior managers to reflect on their own performance and skill development needs; developing their skills in supporting others by offering constructive challenge and support

Style

Stephanie brings energy, integrity, sensitivity and positivity to all her work. She helps individuals find their inner resources and develop the skills or perspectives that they need to motivate and develop themselves and others and lead stress free and engaging lives.

Clients

Clients include Sinclair, Kirklees Metropolitan Council, Calico Housing Association, Shepherd Construction, Norfolk County Council, University of East Anglia, Cambridge University

Background

Stephanie has over 23 years of experience working at senior levels across all industry sectors, UK and abroad. She specialises in communication skills, conflict resolution and management development.

She has provided coaching for over 100 people in the management of change and coached many managers finding difficulty with individuals or team performance. She has coached

Senior Managers as part of leadership development programmes and their staff as part of organisational intervention.

Within the higher education sector, she has mentored new Deans, developing their skills and confidence in the role and the management of staff and peers as well as Mid Career counselling and personal development for other senior academics.

Within the health service, Stephanie has provided 1:1 coaching of Consultants, Clinical Directors, Heads of Service and GP Managers.

She has coached teams who have been in conflict and people who are facing significant career change.

Stephanie has a Masters in Management Learning, is a Fellow of the Chartered Institute of Personnel and Development and is an accredited member of the Association for Coaching.

'In an increasingly demanding work environment senior managers face challenges in developing their own and other's potential. Coaching provides an invaluable opportunity to reflect on how and what one is doing, and take time to gain necessary perspective. As a coach I find it a privilege to support, engage, challenge and develop people through the coaching relationship, focussing specifically on each coachee's real development needs. It is a learning opportunity whose dividends are enormous to individuals and organisation.'

For more information:

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